



SANTOSH DEEMED TO BE UNIVERSITY SANTOSH

SANTOSH MEDICAL COLLEGE

VALUE ADDED COURSE

Name of Course	:	Adolescent Health		
Course Code	:	VAC - 36		
Department	:	Paediatrics		
Eligibility	:	All Doctors / Interns can attend		
Duration	:	16 Hours		
Program Dates and Time		Batch 1	Batch 2	Time
		02.01.2021	04.12.2021	12:30 PM to 3:30 PM
		09.01.2021	05.12.2021	12:30 PM to 3:30 PM
		23.01.2021	11.12.2021	12:30 PM to 3:30 PM
		30.01.2021	12.12.2021	12:30 PM to 3:30 PM
		13.02.2021	18.12.2021	12:30 PM to 3:30 PM
Course Content	:	<p>02-01-2021) Welcome Introduction and Pre Test ☐ Definition of adolescent and why there is need to discuss with adolescent differently ☐ Physical Sexual and Psycho-social change in adolescents and their implications ☐ Adolescent Friendly health services ☐ How to communicate with adolescent</p> <p>09-01-2021) Factors affecting growth, nutrition and anemia and their consequences ☐ Sexuality concerns (definitions and myths) ☐ Menstrual cycle, hygiene and related problems ☐ Teen pregnancy and illegal abortions and consequences</p> <p>23-01-2021) Medical problems – specific adolescent ☐ Life skill ☐ Polycystic ovarian syndrome (PCOS) ☐ History taking and examination in adolescents ☐ Introduction of Job aids</p> <p>30-01-2021) RTVSTV/HIV Prevention ☐ Sleep hygiene ☐ Vaccines for adolescents ☐ Emergency contraceptives</p> <p>13-02-2021) Recognition and management of suicidal tendencies and drug abuse ☐ Adolescent depression</p>		
HOD Name / Contact details	:	Dr Alka Agrawal		
Course Coordinator / Contact details	:	Dr. Veenu Aggarwal		
Maximum Student in Batch	:	30		
Last Date of Registration		Batch 1 – 28.12.2020 Batch 2 – 01.12.2020		